

2019 FLYFCL Cheer Championship Requirements

Time Requirements:

Minimum of 1 minute for Flag and 1 minute 30 seconds for C and B Teams
Maximum of 2 minutes 30 seconds

Flag:

Must have the following:

Cheer portion that includes 1 skill- *jump, tumble, stunt - does not need to be full team; cannot cheer over music*

Dance Portion

1 Team Jump- *All members of team jumping at the same time*

1 form of tumbling

1 stunt

1 pyramid- *flyers connecting in the air*

C-Team:

Must have the following:

Cheer portion that includes 1 skill- *jump, tumble, stunt - does not need to be full team; cannot cheer over music*

Dance Portion

2 Team Jumps- *All members of team jumping at the same time*

1 form of tumbling

1 stunt

1 pyramid- *flyers connecting in the air*

B-Team:

Must have the following:

Cheer portion that includes 1 skill- *jump, tumble, stunt - does not need to be full team*

Dance Portion

2 Team Jumps- *All members of team jumping at the same time*

1 form of tumbling

2 stunts

1 pyramid- *flyers connecting in the air*